

## SPEAKERS



### DEBBIE HINNEN RN,

#### ARNP, BC-ADM, CDE, FAAN

Debbie is an Advanced Practice Nurse and Diabetes Educator at Memorial Hospital, Diabetes Clinic for University of Colorado Health. Debbie serves on numerous boards and is a recognized speaker both Nationally and Internationally.

**SPEAKER 1 - 8:15 AM**

### MARK AKSAMIT PA-C

Mark is a Physician Assistant at Meridian Mental Health and has experience in managing a multitude of mental health issues.

### JUDSON DAVIES MD

Dr. Davies is board certified in Urology. He attended medical school at the University of Nebraska Medical Center and completed residency at Vanderbilt University Medical Center. He joined The Urology Center in 2013.

### SHELLY ASPLIN MA, RD, LMNT, CDE

Shelly has her Masters of Arts in Health Education and is a Registered Dietitian, Licensed Medical Nutrition Therapist and Certified Diabetes Educator. She is working for Bluestem Services, Inc. as a Nutrition Counselor and at Hy-Vee as a Dietitian.

### JAMES WHELAN DPM

Dr. Whelan is board certified in Foot & Ankle surgery and is highly skilled in treating podiatric complaints and diabetic foot conditions. He is a Podiatrist at the Foot and Ankle Center of Iowa and Nebraska.

### RADHA ANDUKURI MD

Dr. Andukuri is board certified in Internal Medicine and in Endocrinology, Diabetes & Metabolism. She joined Diabetes and Endocrine Associates in 2017.

### KATE SPECK PHD, MACS, LADC

Kate is a Senior Research Manager with the University of Nebraska, Public Policy Center. She is a current member of the International Motivational Interviewing Network of Trainers (MINT), and have provided training and technical assistance in the use of MI since 2000 nationally and internationally.



## OTHER INFO

### CANCELLATIONS:

To receive a refund less an \$10 administration fee, written cancellations must be **received by March 6, 2019**

\*NO refunds after March 6, 2019

\*Event will NOT be canceled due to weather

### FOR MORE INFORMATION:

**Call:** (402) 399-0777

**Web:** [www.Diabetes-Education.com](http://www.Diabetes-Education.com)

**Social:** #DECMconference

Downloadable slide decks available from February 29, 2019 - March 23, 2019

**NO HANDOUTS OR INTERNET ACCESS ONSITE**

THE 2019  
**diabetes education**  
CENTER OF THE MIDLANDS

**CONFERENCE**  
FOR HEALTHCARE PROFESSIONALS

# 35<sup>th</sup> ANNUAL EVENT

**SATURDAY, MARCH 16, 2019**

**EMBASSY SUITES LA VISTA CONFERENCE CENTER**

12520 WESTPORT PKWY  
LA VISTA, NE 68128



# COURSE DESCRIPTION

A one-day conference to inform healthcare professionals about the latest developments in the treatment and management of diabetes. This event will feature best practice standards for managing diabetes.

# TARGET AUDIENCE

This program is designed for RNs, LPNs, RDs, RDNs, DTRs, and other health professionals.

# POINTS OF DISCUSSION

- Case studies in diabetes: practical pointers for evidenced based practice
- The effectiveness of current diet trends and their impact on blood glucose
- The use of new technologies to manage diabetes mellitus
- The relationship between diabetes, depression & dementia
- Diabetic foot health
- Introduction to Motivational Interviewing
- The relationship between erectile dysfunction, diabetes & cardiovascular disease

# CREDIT

RN and LPN: This activity has been submitted to the Midwest Multistate Division for approval to award nursing contact hours. The Midwest Multistate Division is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

RDN, RD and DTR application is pending approval by Commission on Dietetic Registration.

LMNT CE is pending approval by the State of Nebraska. Other healthcare providers are responsible for determining if CEU hours will be accepted by an appropriate licensing agency.

# AGENDA

- 7:00** Registration and Exhibits
- 8:00** Welcome
- 8:15** Case Studies in Diabetes: Practical Pointers for Evidenced Based Practice (Debbie Hinnen, APN, BC-ADM, CDE, FAAN)
- 9:15** Diabetes, Depression & Dementia: A Clinician's Guide To Detection, Prevention & Intervention (Mark Aksamit, PA-C)
- 10:15** Break & Exhibits
- 10:45** Men's Health: Erectile Dysfunction, Diabetes & Cardiovascular Disease (Judson Davies, MD)
- 11:45** Exhibits & Lunch
- 12:30** Fad or Fab? Exploring Current Diet Trends (Shelly Asplin, MA, RD, LMNT, CDE)
- 1:15** Technology Updates in Diabetes (Radha Andukuri, MD)
- 2:15** Break
- 2:30** Diabetic Foot Health: Evaluation –Care – Prevention (James Whelan, DPM)
- 3:15** An Introduction to Motivational Interviewing in Health Care Settings (Kate Speck, PhD)
- 4:15** Evaluations

**Participants must arrive on time, attend the entire program and complete the evaluation to receive credits. No partial credit will be awarded.**

# REGISTRATION

Name: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_ City,  
State, Zip: \_\_\_\_\_ Email  
Address: \_\_\_\_\_  
CE Requested:  Nurse  Dietitian  
License# \_\_\_\_\_

## EARLY BIRD SPECIAL:

**Single: \$90 per person**

(Received by February 6, 2019)

**Group Rate: \$85 per person** for 5 or more.  
(Group fees must be paid in 1 check.)

## REGULAR REGISTRATION:

**Single: \$99 per person**

(Received by March 9, 2019)

**Group Rate: \$95 per person** for 5 or more.  
(Group fees must be paid in 1 check.)

## JUST IN TIME:

**\$120 per person**

(Received by March 16, 2019)

*\*Breakfast and lunch included for all attendees.*

**Check is Enclosed** (Made payable to DECM)

**Charge My Credit Card**

Card # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Expiration \_\_\_\_\_ / \_\_\_\_\_ 3-Digit Code \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

### Mail To:

DECM  
2910 S. 84th Street  
Omaha, NE 68124

### Register by:

Web: Diabetes-Education.com  
Fax: (844) 763-9353  
Phone: (402) 399-0777

*\*If you are in need or would like to sponsor a scholarship, please call 402-399-0777 to apply*

**Disclaimer:** By signing up for Diabetes Education and Supply Center of the Midlands materials, you consent to receiving our regular education and communication information, which may include paid advertising. We do not pass on or share your data with any external companies or send any of your information to 3rd party companies.